



Providing For Yosemite's Future

# Yosemite Conservancy has been helping to preserve and protect Yosemite for more than 90 years.

With support from donors we have provided over \$100 million in grants to the park for over 500 completed projects. Everywhere you look in Yosemite, you'll see evidence of your donations at work. Many of the trails you hike, wildlife you see, and magnificent overlooks you visit have been protected and enhanced thanks to Yosemite Conservancy. The Conservancy also provides funding for a variety of Youth in Yosemite programs. See the reverse for just some of the examples of Yosemite Conservancy support.

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# Day Hikes in Yosemite Valley:

**EASY** (flat and short)

#### **Bridalveil Fall**

0.5 mi (0.8 km) round-trip; 20 minutes, elevation change: 80 ft (24 m)

A paved trail leads from the Bridalveil parking area to the base of this waterfall.

Lower Yosemite Fall wheelchair accessible;

dry in late summer and fall

1.1 mi (1.7 km) loop trail; 30 minutes, elevation change: 50 ft (15 m); shuttle stop #6

Begin at the Lower Yosemite Fall trailhead. Seasonally spectacular views of Yosemite Falls.

**Cook's Meadow Loop** wheelchair accessible 1 mi (1.6 km); 30 minutes, elevation change: mostly level; shuttle stops #5, #6, #9, or #11

Walk along the bike path toward Lower Yosemite Fall. At shuttle stop #6, cross the street and follow the bike path.

Mirror Lake Trail dry in summer and fall

2 mi (3.2 km) to the lake and back, 5 mi (8 km) loop around the lake; 1-4 hours, elevation change: 100 ft (30 m); shuttle stop #17  $\,$ 

Begin at Mirror Lake Trailhead. A paved trail leads directly to Mirror Lake. The loop follows Tenaya Creek beyond the lake, and crosses two bridges after the Snow Creek Trail junction. It then returns on the other side of Mirror Lake. Accessible via vehicle with accessibility placard.

#### MODERATE (flat and/or long)

#### **Valley Loop Trail**

11.5 mi (18.5 km) full loop; 7.2 mi (11.6 km) half loop; 2.5-7 hours; elevation change: mostly level; shuttle stop #6

From the Lower Yosemite Falls area, head west along the bike path until you see signs for the Valley Loop Trail. The half loop crosses the Merced River at El Capitan Bridge and returns to Yosemite Village on the south side of the river. For the full loop, continue past El Capitan toward Bridalveil Fall, cross the river at the Pohono Bridge, and return to Yosemite Village.

#### **Vernal Fall Footbridge**

 $1.6 \, \text{mi} \, (2.6 \, \text{km})$  round trip;  $1-1.5 \, \text{hours}$ ; elevation change:  $400 \, \text{ft} \, (120 \, \text{m})$ ; shuttle stop #16

Begin at Happy Isles and cross the river. An excellent view of Vernal Fall is visible from this footbridge.

# **Hike Safe!**Hiking Essentials Checklist:

- 1. Appropriate footwear.
- Map and compass as backup to a GPS system.
- 3. Extra water and a way to purify it.
- 4. Extra food.
- 5. Rain gear and extra clothing.
- Safety items: matches or a lighter to build a fire, a light and a whistle.
- 7. First-aid kit.
- 8. Knife or multi-tool.
- Sunscreen and sunglasses.
- 10. Daypack/backpack.

#### STRENUOUS (steep and long

Upper Yosemite Fall and Colur 7.6 mi (12 km) 6–10 hours round trip 2,600 ft (790 m); shuttle stop #7

Start at Camp 4. Turn left on the Valle be on your right. Columbia Point offe (1.6km) up the trail and an elevation §

#### **Four Mile Trail**

4.8 mi (7.7 km) one way to Glacier P elevation change: 3,200 ft (975 m)

Begin at the Four Mile Trailhead along maintains a continuous steep grade wi To hike back to the Valley, either rever Panorama trail to descend to Happy Is way arrange transportation back to the Bus tickets available seasonally at any

#### **Panorama Trail**

8.3 mi (13.4 km) one way; 6-8 hours; elev

Begin at the Glacier Point parking are (400 m) to Illilouette Fall during the trail climbs 800 ft (240 m) to the Pan descends 600 ft (175 m) to the John M left turn follows the John Muir Trai a right turn follows a 2.9 mi (4.7 km) Fall to the Happy Isles Trailhead.

## Vernal & Nevada Falls/Mist Tra

Top of Vernal Fall: 2.4 mi (3.9 km) ro elevation change: 1000 ft (300 m) Top of Nevada Fall: 5.4 mi (8.7 km) r elevation change: 2000 ft (610 m)

Begin by following directions listed for Past the Vernal Fall footbridge, the Mit Trail diverge. To hike directly to the to Mist Trail 0.5 miles (0.8 km) up a stee slippery footing and waterfall spray. No up the steep switchbacks beyond the Michael Can be used to hike this corridor in a Portions of the John Muir and Mist Trail 1.

Half Dome cables up and trail op 16.3 mi (26.3 km) round trip; 10-12 4800 ft (1463 m); shuttle stop #16; p Daily lottery available two days pric Apply at recreation.gov or by callin

Via Mist Trail 14 mi (22.5 km) round 16.3 mi (26.3 km) round-trip; via Mi. 15.2 mi (24.4 km). Begin at Happy Is John Muir Trail to Nevada Fall. Contithe signs to Half Dome. The last 900 steep climb up the east side of Half D the final 400 ft (122 m). **Do not begi** are down, 2) there is any chance of rai too slick for safety), or 3) there is any

## **Leave No Tra**

- 1. Plan ahead and prepare
- 2. Leave what you find.
- 3. Dispose of waste prope
- 4. Minimize campfire imp
- 5. Respect wildlife. Obser
- 6. Travel and camp on dui
- 7. Be considerate of other

long)

#### olumbia Rock

d trip; elevation change

Valley Loop Trail. Trailhead will t offers a nice view about 1 mi ion gain of 1000 ft (300m).

er Point; 3-4 hours one-way;

long Southside Drive. Trail e with spectacular views. reverse your route or use the py Isles. If you want to hike one o the Valley from Glacier Point. any concessionaire tour desk.

elevation change: 3,200 ft (975 m)

garea. After descending 1,300 ft the first 2 miles (3.2 km), the Panorama Cliff ridge line and thn Muir Trail above Nevada Fall. Trail downhill for 3.3 mi (5.3 km); km) trail across the top of Nevada

#### Trail

) round trip; 3 hours;

n)

m) round trip; 5-6 hours;

m)

d for the Vernal Fall footbridge.

Mist Trail and the John Muir
the top of Vernal Fall, follow the
steep granite stairway. Prepare for
y. Nevada Fall is 1.5 mi (2.4km)
the Mist Trail. The John Muir Trail
n a loop or as a less direct ascent.
st Trail are closed in winter.

lopen May – September -12 hours; elevation change: 16; permit required. prior to hiking date. Iling 877.444.6777.

und-trip; via John Muir Trail
Mist and John Muir Trails
by Isles. Follow the Mist Trail or
ontinue on the trail, following
000 feet (275 m) of trail is a very
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begin this ascent if: 1) the cables
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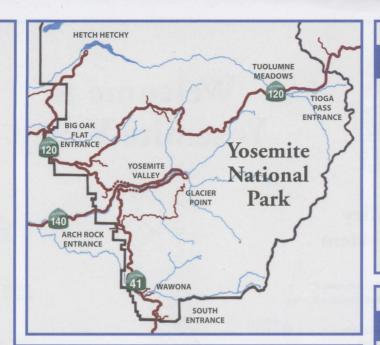
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## Glacier Point Road Hikes:

MODERATE (flat and/or long)

McGurk Meadow, Bridalveil Creek, and Dewey Point elevation change: 300 ft (91m)

**Bridalveil Creek:** 4 mi (6.4 km) round-trip; 2-3 hours **Dewey Point:** 8.2 mi (12.1 km) round-trip; 3-4 hours

Begin at McGurk Meadow trailhead 7.5 miles (12 km) east on Glacier Point Road. The trail leads downhill 0.8 miles (1.3 km) to McGurk Meadow. One mile (1.6 km) beyond the cabin the trail intersects with the Pohono Trail; turn left for Dewey Point and right for Bridalyeil Creek.

#### **Sentinel Dome**

2.2 mi (3.5 km) round-trip; 2 hours; elevation change: 400 ft (122 m)

Begin at Sentinel Dome/Taft Point trailhead13.6 miles (21.8 km) east on Glacier Point Road. Can also be hiked in a loop via Taft Point.

#### **Taft Point**

2.2 mi (3.5 km) round-trip; 2 hours; elevation change: 200 ft (60 m)

Begin at Sentinel Dome/Taft Point trailhead (see above). Take left turn onto Taft Point Trail and The Fissures. Can also be hiked in a loop via Sentinel Dome.

#### STRENUOUS (steep and long)

#### Mono Meadow to view of Mount Starr King

3 mi (4.8 km) round-trip; 2-3 hours; elevation change: 250 ft (76 m)

Begin at Mono Meadow Trailhead, 10.5 miles (17 km) east on Glacier Point Road. The trail descends steeply to Mono Meadow. Follow the trail from the east end of the meadow to a clearing with magnificent views of the Clark Range, Mount Starr King, and Half Dome.

#### **Ostrander Lake**

12.4 mi (20 km) round-trip; 5-8 hours; elevation change: 1,600 ft (490 m)

Begin at Ostrander Lake Trailhead, 9 miles (14 km) east on Glacier Point Road. A steep elevation gain opens up to High Sierra views. A short ascent leads to Ostrander Lake.

#### Pohono Trail

12.9 mi (20.8 km) one way, 8-10 hours, elevation change: 3,700 ft (1,130 m)

Begin at Glacier Point parking area or Tunnel View parking area. The trail is most commonly hiked one-way from Glacier Point, but can be used to hike the entire scenic south rim of the Valley.



## OUTDOOR & CUSTOM ADVENTURES

## Adventures with Expert Naturalist Guides

Discover Yosemite's hidden gems with Yosemite insiders. Our experts are eager to share their intimate knowledge of Yosemite's best places to hike, bird watch, photograph, and more! To get started on your Yosemite adventure, visit yosemiteconservancy.org/adventure or call 209.379.2317 ext. 10.



#### YOSEMITE THEATER

## An Evening at the Theater

Pull up a seat after an active day in the park. Enjoy unforgettable performances of historic heroes, daring rescues, thrilling adventures and more at the Yosemite Theater in Yosemite Valley. Located behind the Visitor Center. Shows start at 7pm. See the Yosemite Guide for schedule.



#### **YOSEMITE ART CENTER**

## Artist-led Workshops Inspired by the Beauty of Yosemite

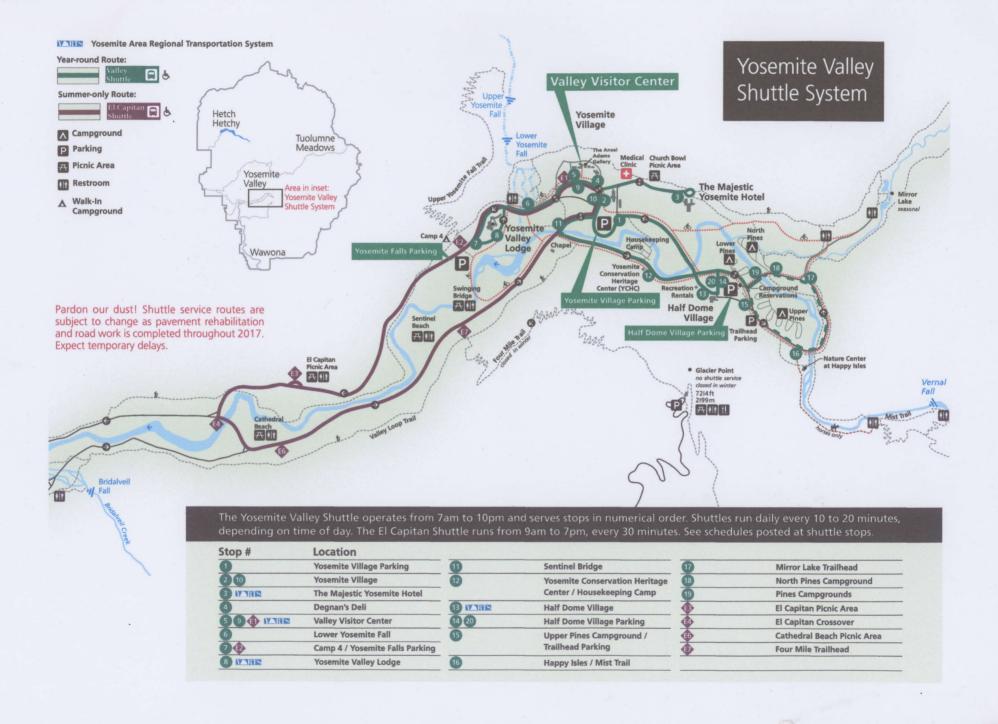
Slow down, soak in the views and create a lasting memory. From children's programs to outdoor workshops, daily offerings welcome all abilities. Stop by the Yosemite Art Center in Yosemite Village or call 209.372.1442 for schedule. Classes are offered April-October.



### **VOLUNTEERS**

## Get Involved: Volunteer in the Park!

Looking for a hands-on way to give back to Yosemite? Yosemite volunteers experience the privilege of serving in a World Heritage Site while participating in work projects for a week or assisting visitors with park information for a month. Visit yosemiteconservancy.org/volunteer for more details.



#### バレービュー Valley View

ヨセミテバレーの中に位置し、バ レー全体を見渡すことができる絶 景ポイント。無料シャトルで気軽に 行くことができる。



#### ヨセミテ滝 Yosemite Falls



ひとつの滝 が上・中・下 と三段に分 かれ、5月 の終わり頃 から雪解け 水で満水 に。夏にか

けて滝の水はしだいに細くなり、8月の終わり に滝の流れは止まる。秋頃から降雨量で再び 滝は流れ出る。

## **Valley Visitor Center**

#### ハーフドーム Half Dome

ヨセミテのシンボルと もいえる巨大な岩壁。 名前の由来は円いドー ムを半分にしたような 形からそう名付けられ ている。ハーフドームは 1日の登頂人数が決め



られているため事前登録が必要。登録料金は\$10、登 頂の際はさらに\$10を支払う必要がある。

## トンネルビュー Tunnel Vic

**Big Oak Flat** 

Tioga Rd.

エルキャピタン El Capitan

1.095mの垂直な一枚岩からなる岩

壁。世界からロッククライマーが訪れ

ることで知られているこの壮大な岩壁

は一見の価値あり。

ヨセミテの見どころを集約したビュー ポイント。正面にハーフドームが堂々 とそびえ立ち、エルキャピタンとブラ イダルベール滝が左右に望める。



## ブライダルベール滝

花嫁のベールのように見えるこ とから名付けられたという「ブ ライダルベール」。高さは62階 建ての建物に匹敵する。晴れた 日に滝つぼ付近まで行くと水し ぶきで虹ができることもある。

#### グレイシャーポイント

ヨセミテ渓谷全 体を見下ろせる 展望台。ハーフ ドームと同じ目 線で望むことが でき、ヨセミテ バレーとの標高



差は992m。冬期は閉鎖される。



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ヨセミテビューロッジの宿泊パッケージ



その他、サンフランシスコ、

ロサンゼルスの市内観光、 モントレー、ワインカント リーKenzo EstateとOpus One のツアーも有ります。

1泊2日ツアー \$316ょり(レジデンス、学生割引有り)

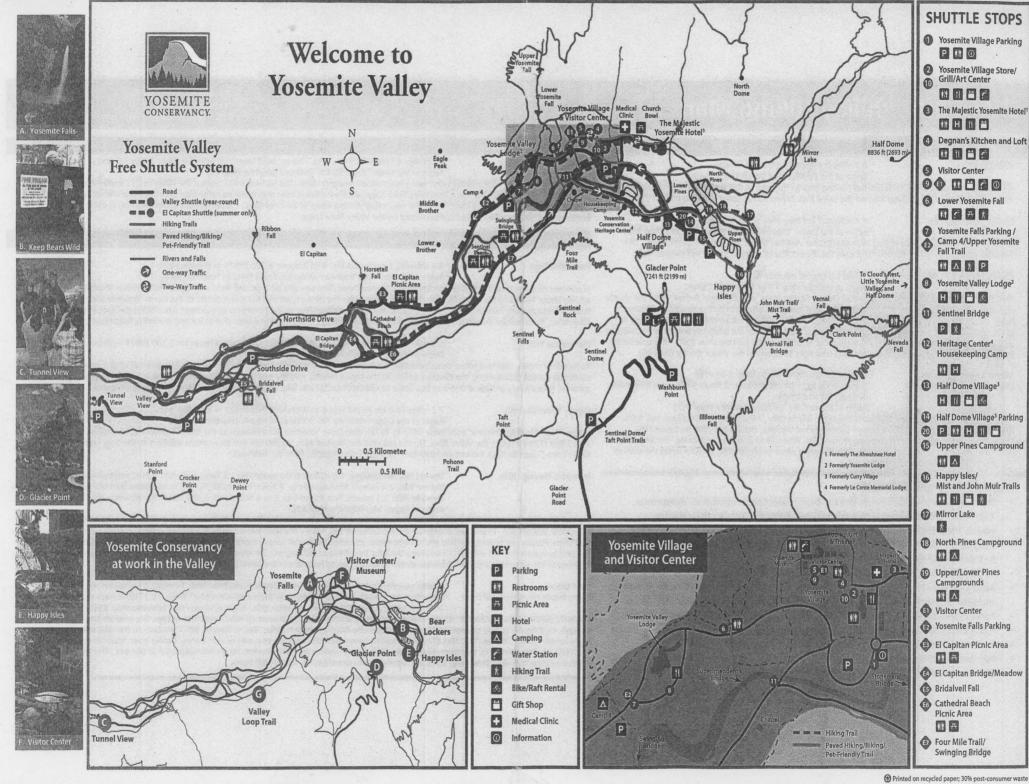
バスでの送迎のみも承っております。

日帰りツアー \$136ょり 毎日運行









## **Yosemite Valley Hiking Map**

Yosemite National Park National Park Service U.S. Department of the Interior



#### Easy (flat and short)

**Bridalveil Fall** 

0.5 miles/0.8 km round-trip; 20 minutes Begin at the Bridalveil Fall parking area

A paved trail leads from the Bridalveil Fall parking area to the base of this waterfall, which flows year round. Walk back to the parking area via the same trail. Expect lots of spray in spring and early summer.

Lower Yosemite Fall

1.1 miles/1.7 km loop trail; 30 minutes

Begin at the Lower Yosemite Fall Trailhead (shuttle stop #6)

This short, easy walk rewards visitors with spectacular views of Upper and Lower Yosemite Falls. This waterfall may be dry in late summer and early fall. Expect lots of spray in spring and early summer.

Cook's Meadow Loop

1 mile/1.6 km; 30 minutes

Begin at shuttle stop #5 or #9 (Visitor Center)

This short walk offers stunning views of Half Dome, Glacier Point, and the Royal Arches. From the shuttle bus stop at the Visitor Center (stop #5/#9), walk west along the bike path (in the direction of Yosemite Falls). At shuttle bus stop #6, cross the street (watch for traffict) and follow the bike path, bearing left as the path forks. At the Sentinel Bridge parking area, walk out onto the bridge to enjoy a classic view of Half Dome (photographed by Ansel Adams) before returning to the parking area. Follow the boardwalk back across the meadow, cross the street, and turn right to return to the Visitor Center (stop #5).

Mirror Lake/Meadow (dry in summer and fall)

2 miles/3.2 km round-trip to lake; 1 hour

5 miles/8 km loop around the lake; 2 hours (Full loop is moderately difficult; flat and long.)

Begin at Mirror Lake Trailhead (shuttle stop #17).

From the shuttle stop, a paved trail leads directly to Mirror Lake. Hikers may access a loop trail from the paved path. This loop follows Tenaya Creek beyond the lake, crosses two bridges beyond the Snow Creek intersection and returns past Mirror Lake. When filled in winter and spring, the lake offers beautiful reflections of surrounding cliffs. This is a great place to see wildlife. Exhibits detail the story of the area's lake-to-meadow succession.

#### **Hiking Safety and Etiquette**

- Wading and/or swimming upstream from waterfalls is extremely dangerous.
   Each year, unsuspecting visitors drown or are swept over to their deaths.
- Stay on trails: taking shortcuts causes trail erosion—and is both dangerous and illegal.
- Carry (and drink) plenty of water: a leading cause of injuries on the trail is dehydration.
   Be sure to treat-river, stream, lake, or spring water.
- Be prepared for sudden changes in weather and conditions.
- Bears and other wildlife can be present on trails at any time of the day or night. Feeding
  and approaching wildlife is dangerous and illegal! Be sure to properly store your food.
- Rocks in and around waterways are often slippery. Use caution when crossing streams.
- Pets and bicycles are only permitted on bike paths.
- · Horses and mules have the right of way on trails.
- Pack out what you pack in.
- Trails are often rocky and steep. Travel carefully and at your own risk.

#### Moderate (flat & long)

Valley Floor Loop

Full loop: 13 miles/20.9 km; 5 to 7 hours. Half loop: 6.5 miles/10.5 km; 2.5 to 3.5 hours

Begin at the Lower Yosemite Fall Trailhead (shuttle stop #6)

This trail follows many of the Valley's first east-west trails and wagon roads. The half-loop trail crosses the Valley on El Capitan Bridge. Continue on to Bridalveil Fall for the full loop. The Valley Floor Loop provides solitude with occasional route-finding difficulty. Hike through meadows, forests, and along the Merced River. Along the way, enjoy striking views of Sentinel Rock, Cathedral Rocks, Bridalveil Fall, El Capitan, Three Brothers, and Yosemite Falls. Bikes not permitted on the Valley Floor Loop.

#### Strenuous (steep and long) Strenuous trails may be considered moderate if a only a portion of the trail is hiked.

Four Mile Trail

9.6 miles/15.5 km round-trip. 6 to 8 hours; 3,200 ft/975 m elevation gain Begin at the Four Mile Trailhead along Southside Drive in Yosemite Valley

In summer months, take the **El Capitan Shuttle** to the trailhead. Trail can also be accessed from year-round Valley Visitor **Shuttle Stop #7**, adding about ½ mile to the total distance. This trail begins near the base of Sentinel Rock and climbs to the top of Yosemite Valley at Glacier Point. Although many hikers do this trail as a round-trip hike, an alternative in the summer is to purchase a bus ticket to Glacier Point (\$) and hike down. Reservations are required; visit a DNC tour desk for details. Trail closed in winter due to ice and extremely hazardous conditions.

**Panorama Trail** 

8.5 miles/13.7 km one-way to Valley floor (via Mist Trail); 6 hours for 3,200 ft/975 m descent Begin at the Panorama Trailhead, Glacier Point

As its name implies, this trail offers some incredible panoramic views of Yosemite Valley. The trail crosses Illilouette Fall after 2 miles (3.2 km) and continues partially uphill along the Panorama Cliff. At the top of Nevada Fall, the trail joins the Mist and John Muir Trails to Happy Isles. In the summer, hikers may purchase a one-way bus ticket to Glacier Point (\$) and hike down. Reservations required: visit a tour desk for details.

**Upper Yosemite Fall** 

7.2 miles/11.6 km round-trip; 6 to 8 hours; 2,700 ft/823 m elevation gain Begin at the Upper Yosemite Fall Trailhead. Camp 4 (shuttle stop #7)

One of Yosemite oldest historic trails (built 1873 to 1877), the Upper Yosemite Fall trail leads to the top of North America's tallest waterfall 2,425 feet (739 m) above the Valley floor. Do not stray off the marked path, as you will find steep drops adjacent to the trail. Enjoy spectacular views from Columbia Rock located one mile (and dozens of switchbacks) from the trailhead.

Vernal & Nevada Falis

Vernal Fall footbridge: 1.6 miles/2.6 km round-trip; 1.5 hours with 400 ft./122 m elevation gain Vernal Fall: 2.4 miles/3.9km round-trip; 3 hours with 1,000 ft./366 m. elevation gain (via Mist Trail) Nevada Fall: 5.4 miles/8.7km round-trip; 5 to 6 hours with 2,000 ft./610 m. elevation gain (via Mist Trail) Begin at Happy Isles (shuttle stop #16)

An excellent view of Vernal Fall is visible from the footbridge at 0.75 miles (1.3 km). Beyond the bridge, at 0.2 miles, the Mist Trail and the John Muir Trail diverge. To proceed directly to the top of Vernal Fall, follow the Mist Trail 0.5 mile (0.8 km) up a steep granite stairway of over 600 steps. Prepare for slippery footing and a tremendous amount of waterfall spray in spring and early summer. The top of Nevada Fall may be reached by continuing 1.3 miles (2.1 km) along the Mist Trail. Nevada Fall may also be reached via the John Muir Trail (bypassing Vernal Fall). Portions of the John Muir and Mist Trails are closed in winter due to hazardous conditions (see inset map).

**Half Dome** 

Permit required to summit Half Dome

(cables typically up from late May to early October) via Mist Trail 14 mi/22.5 km round-trip; via John Muir Trail 16.3 mi/26.3 km round-trip; via Mist and John Muir Trails 15.2 mi/24.4 km round-trip; 10 to 12 hours; 4,800 ft./1,463 m. elevation gain. Begin at Happy Isles (shuttle stop #16)

DO NOT BEGIN THIS ASCENT IF: 1) the cables are down, 2) there is any chance of rain (moisture makes the granite too slick for safety), or 3) there is any chance of lightning. Follow the Mist Trail or John Muir Trail to Nevada Fall. Continue on the trail, following the signs to Half Dome. The last 900 feet (275 m) of trail is a very steep climb up the east side of Half Dome. Cables assist hikers on the final 400 feet (122 m). They consist of two steel cables, about 3 feet apart and suspended at arm's height from pipes set in the rock. The top of Half Dome is a fairly large and level open surface. Camping is not permitted on top of Half Dome.



### **Guided Sightseeing Tours and Evening Programs**

Telephone Reservations

888.413.8869

Internet Reservations

www.TravelYosemite.com

#### OR STOP BY IN PERSON

Yosemite Valley Lodge Tour Desk

209.372.1240

Half Dome Village Tour Desk

209.372.8323

Yosemite Village Tour Desk

209.372.1268

All tours are led by professional and informed Rangers or Guides

Bus Tours depart from the Yosemite Valley Lodge – Please arrive 15 minutes early

#### Valley Floor Tour

Our two-hour tour features an overview of Yosemite Valley and spectacular view points. Join us to learn about Yosemite's exciting human and natural histories, and increase your understanding and enjoyment of the park. With conditions permitting, spring through fall, this tour will take place on an open-air tram (also known as The Green Dragon). The remainder of the year it will be held in the comfort of a motor coach. The Valley Floor Tour is available year round and departs throughout the day.

#### Adults (13 & up) \$36.75 | Children (5-12) \$26.75

Check with the local Tours & Activities Desk for current times

#### **Glacier Point Tour**

Visit breathtaking Glacier Point as a four-hour round trip excursion with an experienced guide that narrates your journey between Yosemite Valley and Glacier Point. Our round-trip tour stops to give you ample time to experience parioramic views from over 3,200 feet above the Valley Floor. One-way tickets are also available for those who wish to hike back to Yosemite Valley. This tour operates from spring through fall, weather and road dependent.

Round Trip: Adults (13 & up) \$52 | Children (5-12) \$33

One Way: Adults (13 & up) \$26 | Children (5-12) \$16.50

Check with the local Tours & Activities Desk for current times

#### **Grand Tour**

The full-day, eight-hour, Yosemite Grand Tour combines Yosemite Valley, Glacier Point and the Mariposa Grove of Giant Sequoias into one memorable tour. Bring your camera for numerous photo opportunities! Be one of the first to experience the Mariposa Grove of Giant Sequoias as it reopens this summer following an extensive restoration project to enhance and protect some of the world's largest trees. The tour includes a picnic lunch in Wawona.

#### Adults (13 & up) \$102 | Children (5-12) \$64

Check with the local Tours & Activities Desk for current times

#### **Starry Night Skies Over Yosemite**

Take a cosmic voyage as you lay beneath the stars in Yosemite Valley. On this stargazing experience, you'll learn about the heavens, the moon, the Milky Way galaxy, meteors, constellations, comets, and all the folklore that follows. This unique program allows you to see Yosemite at night and as never before. This program is offered as a walking tour of the night sky in Yosemite Valley in fall, winter and spring. Great for all ages.

#### \$10 per participant

#### **Night Prowl**

The Night Prowl is an exciting adventure that will take you on a walk through the woods in Yosemite at night. One of our Interpretive Naturalists will guide you along unpaved trails and share their knowledge with you on a variety of topics ranging from nocturnal animals and their unique adaptations, to night time navigation, to Yosemite's fascinating plant life and herb lore. Whatever the topic for the evening, you are sure to find yourself stunned by the beauty and tranquility that can only be found by exploring Yosemite at night.

#### \$10 per participant



### **Bike Rentals**

<u>Type</u>	Price per hour	Price per day
Standard Bikes	\$12.00 by the hour	\$33.50 by the day
Bikes with Attached Trailer	\$19.95	\$60
Stroller Rentals	\$7.00	\$20.50
Wheelchair Rentals	\$7.00	\$17.00
Electric Scooter	N/A	\$30.00

#### Yosemite Valley Lodge

Located next to pool and behind the gift shop.

- Operating Season: Daily Spring through Fall
- Operating Hours: 8:00 am to 7:00 pm
- Last Bike Rental of the Day: 5:45 pm
- Return Time: All bikes must be returned by 6:45 pm
- Shuttle Bus Stop: #8

#### Half Dome Village

Located next to the Half Dome Village Front Office.

- Operating Season: Daily Spring through Fall
- Operating Hours: 8:00 am to 7:00 pm
- Last Bike Rental of the Day: 5:45 pm
- Return Time: All bikes must be returned by 6:45 pm
- Shuttle Bus Stop: #13

#### **Horseback Riding**

Horseback Riding is only available at Big Trees Stables located in Wawona on Highway 41, about 45 minutes to an hour from Yosemite Valley. Big Trees Stable offers a two-hour ride on mules and horses. No riding experience is necessary. Please arrive at the stable at least one hour prior to your ride to view the safety video and necessary paperwork.

Round trip from Big Trees Stables to the Meadow Loop Trail. You'll follow the path of early pioneers on a two-hour ride that traverses the historic wagon road. The trail will offer views of Big Trees Lodge, the Wawona Meadow Loop, a former Miwok encampment, Wawona Dome, and lush forest.

Ideal for riders of all ages and abilities, the terrain is flat and the riding is gentle.

#### Rate: \$62.00 per person

Arrive by 7:00 am, 10:00 am, or 1:00 pm. Reservations can be made on TravelYosemite.com or at 888.413.8869 Riders must be at least 7 years old, 44 inches tall, and no more than 225 pounds. Close-toed shoes are required.

#### Rafting

Spend the afternoon rafting in Yosemite--you'll have tons of fun while cooling off and taking in some amazing views. Your trip will include a 3-mile float down the Merced River in a raft that holds 2-4 people. There is a shuttle back to Half Dome Village included in purchase. For more information see a Tours & Activities Desk or go online to TravelYosemite.com

#### Rate: \$28.50 per person

#### Reservations

While reservations are currently unable to be made over the phone or online, reservations for future dates can be made at HDV Tours & Activity Kiosk. Rafting reservations are in high demand and can book up quickly. We recommend making reservations in person at least one day in advance.

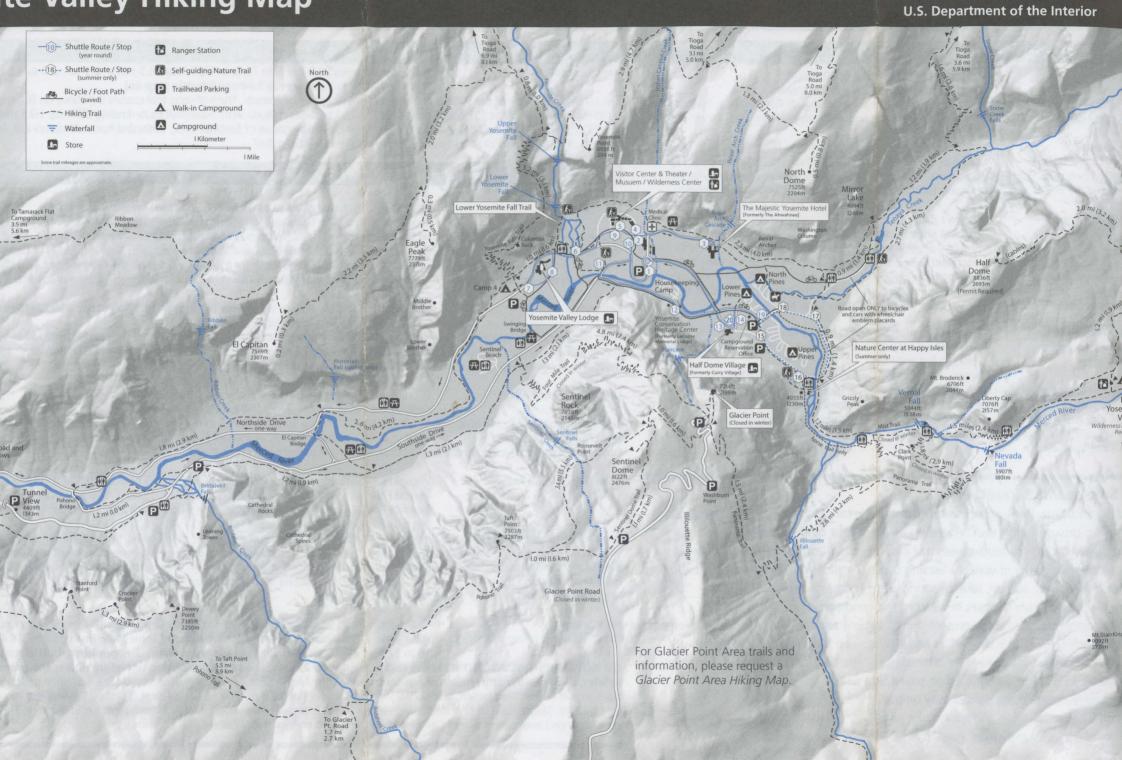
#### Rafting Rules and Safety

Life jackets must be worn at all times. Minimum weight of 50lbs. Two capable paddlers (at least 5ft tall & 12 years old) are required in each boat. Glass containers and alcoholic beverages are prohibited. Rafts may not

be tied together. Beach rafts on sand or rock areas only. Shuttles return every 30-40 minutes. The last shuttle departs at 6:00pm.

Updated 11th May 2018

Yosemite National Park
National Park Service
U.S. Department of the Interior



## alley Hiking Map

Yosemite National Park
National Park Service
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0.5 miles/0.8 km round-trip; 20 minutes

Begin at the Bridalveil Fall parking area
g area to the base of the waterfall, which flows all year. Walk back to
Expect lots of spray in spring and early summer. Trail is icy in winter.

1.1 miles/1.7 km loop trail; 30 minutes Begin at the Lower Yosemite Fall Trailhead (shuttle stop #6) rs with spectacular views of Upper and Lower Yosemite Falls. This and early fall. Expect lots of spray in spring and early summer.

1 mile/1.6 km; 30 minutes Begin at **shuttle stop #6**vs of Half Dome, Glacier Point, and the Royal Arches. At shuttle bus traffic!) and follow the bike path, bearing left as the path forks. At talk out onto the bridge to enjoy a classic view of Half Dome (photoeturning to the parking area. Follow the boardwalk back across the right to get to the Visitor Center (stop #5).

2 miles/3.2 km round-trip to lake; 1 hour

5 miles/8 km loop around the lake; 2 hours (Full loop is moderately difficult; flat and long.)

Begin at Mirror Lake Trailhead (shuttle stop #17).

leads directly to Mirror Lake. Hikers may access a loop trail from the ya Creek beyond the lake, crosses two bridges beyond the Snow Creek or Lake. When filled in winter and spring, the lake offers beautiful is is a great place to see wildlife. Exhibits detail the story of the area's

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#### Moderate (flat & long)

#### Valley Loop Trail

Full loop: 13 miles/20.9 km; 5 to 7 hours. Half loop: 6.5 miles/10.5 km; 2.5 to 3.5 hours

Begin at the Lower Yosemite Fall Trailhead (shuttle stop #6)

This trail follows many of the Valley's first east-west trails and wagon roads. The half-loop trail crosses the Valley on El Capitan Bridge. Continue on to Bridalveil Fall for the full loop. The Valley Loop Trail provides solitude with occasional route-finding difficulty. Hike through meadows, forests, and along the Merced River. Along the way, enjoy striking views of Sentinel Rock, Cathedral Rocks, Bridalveil Fall, El Capitan, Three Brothers, and Yosemite Falls. *Bikes not permitted on the Valley Loop Trail*.

#### Strenuous (steep and long) Strenuous trails may be considered moderate if only a portion of the trail is hiked.

Four Mile Trail

9.6 miles/15.5 km round-trip. 6 to 8 hours; 3,200 ft/975 m elevation gain Begin at the Four Mile Trailhead along Southside Drive in Yosemite Valley

In summer months, take the **El Capitan Shuttle** to the trailhead. Trail can also be accessed from year-round shuttle stop #7, adding about ½ mile to the total distance. This trail begins near the base of Sentinel Rock and climbs to the top of Yosemite Valley at Glacier Point. You can make this a one-way hike. Make a reservation (required) at any tour desk for a one-way ticket on the Glacier Point Tour (\$), then hike down. **Do not hike first then expect a bus to take you back to the trailhead.** Trail closed in winter due to hazardous conditions.

#### **Panorama Trail**

8.5 miles/13.7 km one-way to Valley floor (via Mist Trail); 6 hours for 3,200 ft/975 m descent Begin at the Panorama Trailhead, Glacier Point

As its name implies, this trail offers some incredible panoramic views of Yosemite Valley. The trail crosses Illilouette Fall after 2 miles (3.2 km) and continues partially uphill along the Panorama Cliff. At the top of Nevada Fall, the trail joins the Mist and John Muir Trails to Happy Isles. You can make a reservation (required) at any tour desk for a one-way ticket on the Glacier Point Tour (\$), then hike down.

#### **Upper Yosemite Fall**

7.2 miles/11.6 km round-trip; 6 to 8 hours; 2,700 ft/823 m elevation gain Begin at the Upper Yosemite Fall Trailhead, Camp 4 (shuttle stop #7)

One of Yosemite's oldest historic trails (built 1873 to 1877), the Yosemite Falls Trail leads to the top of North America's tallest waterfall, 2,425 feet (739 m) above the Valley floor. Do not stray off the marked path, as you will find steep drops adjacent to the trail. Enjoy spectacular views from Columbia Rock located one mile (and dozens of switchbacks) from the trailhead.

#### Vernal & Nevada Falls

**Vernal Fall footbridge:** 1.6 miles/2.6 km round-trip; 1.5 hours with 400 ft./122 m elevation gain **Vernal Fall:** 2.4 miles/3.9km round-trip; 3 hours with 1,000 ft./366 m. elevation gain (via Mist Trail) **Nevada Fall:** 5.4 miles/8.7km round-trip; 5 to 6 hours with 2,000 ft./610 m. elevation gain (via Mist Trail) Begin at Happy Isles **(shuttle stop #16)** 

You can see Vernal Fall from the footbridge at 0.8 miles (1.3 km). Beyond the bridge, at 0.2 miles, the Mist Trail and the John Muir Trail diverge. To proceed directly to the top of Vernal Fall, follow the Mist Trail 0.5 mile (0.8 km) up a steep granite stairway of over 600 steps. Prepare for slippery footing and a tremendous amount of waterfall spray in spring and early summer. The top of Nevada Fall may be reached by continuing 1.3 miles (2.1 km) along the Mist Trail. Nevada Fall may also be reached via the John Muir Trail (bypassing Vernal Fall). Portions of the John Muir and Mist Trails are closed in winter due to hazardous conditions.

#### **Half Dome**

Permit required to summit Half Dome

(cables typically up from late May to early October) via Mist Trail 14 mi/22.5 km round-trip; via John Muir Trail 16.3 mi/26.3 km round-trip; via Mist and John Muir Trails 15.2 mi/24.4 km round-trip; 10 to 12 hours; 4,800 ft./1,463 m. elevation gain. Begin at Happy Isles (shuttle stop #16)

DO NOT BEGIN THIS ASCENT IF: 1) the cables are down, 2) there is any chance of rain (moisture makes the granite too slick for safety), or 3) there is any chance of lightning. Follow the Mist Trail or John Muir Trail to Nevada Fall. Continue on the trail, following the signs to Half Dome. The last 900 feet (275 m) of trail is a very steep climb up the east side of Half Dome. Cables assist hikers on the final 400 feet (122 m). They consist of two steel cables, about 3 feet apart and suspended waist high from pipes set in the rock. The top of Half Dome is a fairly large and level open surface. Camping is not permitted on top of Half Dome.

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